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Autumn Paleo Sausage

Ingredients

1 lb ground turkey blend
2 lb ground pork
2 TBLSP maple syrup
1 small green apple, grated
1 ½ TBLSP kosher salt
1 ½ tsp ground black pepper
1 TBLSP sage, fresh and minced
1 ½ tsp thyme, fresh and minced
¾ tsp rosemary, fresh and minced
¾ tsp ancho chili powder or ½ tsp crushed red pepper
3-4 TBLSP ghee for cooking the patties

Preparation

Mix all ingredients together, except for the ghee. Form into small, about 2-inch patties and cook in ghee, 3-4 minutes per side.