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Cannellini Dip with Veggies Serves 4

Ingredients:

1 (15-ounce) can cannellini beans, drained and rinsed

2 cloves garlic

2 TBSP fresh lemon juice

1/3 cup olive oil

¼ cup (loosely packed) fresh Italian parsley leaves

¼ tsp sea salt

freshly ground black pepper

1 tsp dried oregano

1 red bell pepper, cut into chip size triangles

1 medium zucchini, cut diagonally, ¼ inch thick slices, then cut each in half

½ to 1 lb. fresh snap peas, trimmed

Preparation:.

- 1. Place the beans, garlic, lemon juice, 1/3 cup olive oil, and parsley in the work bowl of a food processor. Pulse until the mixture is coarsely chopped. Season with salt and pepper, to taste. Transfer the bean puree to a small bowl.
- 2. Serve with bell pepper, zucchini, and snap pea "dippers".



Adapted from: White Bean Dip with Pita Chips, Giada De Laurentiis, Food Network.com