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### *No Cheese Please Broccoli Salad*

*Serves 6*

#### *Ingredients:*

- 4 cups broccoli florets (from about 2 crowns)
- 1 cup red onions, diced
- ½ cup unsalted sunflower seeds
- ½ cup slivered unsalted almonds
- ¾ cup seedless raisins, plumped in warm water for 5 to 10 minutes
- 4 TBSP apple cider vinegar
- 4 TBSP granulated sugar
- 4 TBSP plain yogurt or sour cream

#### *Preparation:*

1. In a bowl, combine the broccoli and onion. Add the sunflower seeds, almonds, and raisins, then toss.
2. In another bowl mix together the vinegar, sugar and yogurt or sour cream. Combine dressing with salad ingredients and chill.



*Food Fairy Note:*

Adapted from: *Broccoli Salad*, Author unknown

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