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Pescatarian Meal Plan #2

<i>Meal</i>	<i>Prep time/ portions</i>
<u><i>Terri's Salmon and Sweet Potato Cakes with Arugula Spinach & Chevre Sauce: Spicy Asparagus w/Cilantro:</i></u>	<i>1 hour serves 4</i>
<u><i>Shrimp, Snow Pea and Shitake Stir-fry w/ Basmati rice</i></u>	<i>30 minutes serves 2</i>
<u><i>Cauliflower Stuffed Portabellas Quinoa w/ Almonds</i></u>	<i>45 minutes serves 4</i>
<u><i>Pasta w/Goat Cheese, Zucchini, andJulienne Carrots: Asian Salad w/Snow Peas</i></u>	<i>30 minutes serves</i>
<u><i>Miso Glazed Salmon w/ Crimson Coleslaw</i></u>	<i>30 minutes + marinade time serves 4</i>