

Copyright 2021. The Food Fairy. All rights reserved.

Terri's Salmon Cakes

Serves 4

Ingredients:

1 lb. salmon

34 cup shredded zucchini

15 cup quinoa flour

5-6 TBSP water

salt & pepper (to taste)

seasonings (to taste)

2 TBSP oil, for frying

Preparation:

- 1. Bake the salmon at 400° for 15 minutes, or until nice and flaky. Put the baked salmon in a bowl and use a whisk to break it up into nice flakes. Add shredded zucchini, quinoa flour, and any salt, pepper and seasonings you wish. Add 3 tablespoons of water to the salmon. Stir together well. Add more water as needed, 1 tablespoon at a time, to make the salmon cake mixture hold together when pressed into a patty, and look like a regular egg and gluten filled salmon cake patty.
- 2. Heat oil in a skillet over medium heat. Scoop the salmon into your hands and shape into patties. Lay in the skillet, and cook for 3 to 4 minutes. Flip, then cook for an additional 3 to 4 minutes. Remove to a serving dish and Enjoy!

Food Fairy Note:

WWW.FOODFAIRY.COM